

CITEC measurement registration form

Patient information:

Patient number	
Patient name	

Measurements:

Measurement date								
Neck extensors								
Neck flexors								
Measurement location	right	left	right	left	right	left	right	Left
Shoulder abductors								
Elbow flexors								
Elbow extensors								
Wrist extensors								
Threepoint pinch								
Hip flexors								
Hip abductors								
Knee extensors								
Knee flexors								
Foot dorsiflexors								
Foot plantarflexors								



References	women		men		Analysis:
	P5	P50	P5	P50	
Centile value					
Neck extensors	118	>125	>125	>125	
Neck flexors	49	75	107	>125	
Shoulder abductors	75	105	111	160	
Elbow flexors	146	190	216	>250	
Elbow extensors	80	105	115	156	
Wrist extensors	81	111	126	170	
Threepoint pinch	65	86	94	125	
Hip flexors	124	167	190	>250	
Hip abductors	174	238	223	>250	
Knee extensors	>160	>160	>160	>160	
Knee flexors	78	122	118	162	
Foot dorsiflexors	164	235	232	>250	
Foot plantarflexors	>250	>250	>250	>250	

